



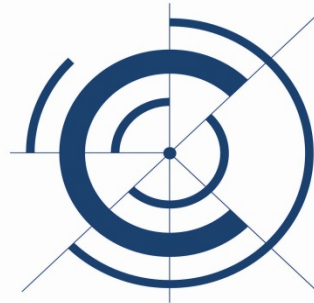
# SBIRT IOWA

## SBIRT-to-Treatment Analysis

**THE IOWA CONSORTIUM FOR SUBSTANCE ABUSE RESEARCH AND EVALUATION**

**2014  
SBIRT-to-Treatment Analysis  
October 20, 2014**

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CONSORTIUM**  
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## Introduction

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SBIRT IOWA staff conducted 51,411 SBIRT screenings from the start of the project in October, 2012 through September 30, 2014. This study examined SBIRT IOWA clients in the Referral to Treatment (RT) and Brief Treatment (BT) modalities who subsequently entered substance abuse treatment. Results of a preliminary analysis of SBIRT client treatment admissions, in conjunction with input from the SBIRT IOWA Project Director and Project Coordinator, suggested a six-month post-screening cutoff would be appropriate for this study.

## Referral to Treatment (RT) Clients

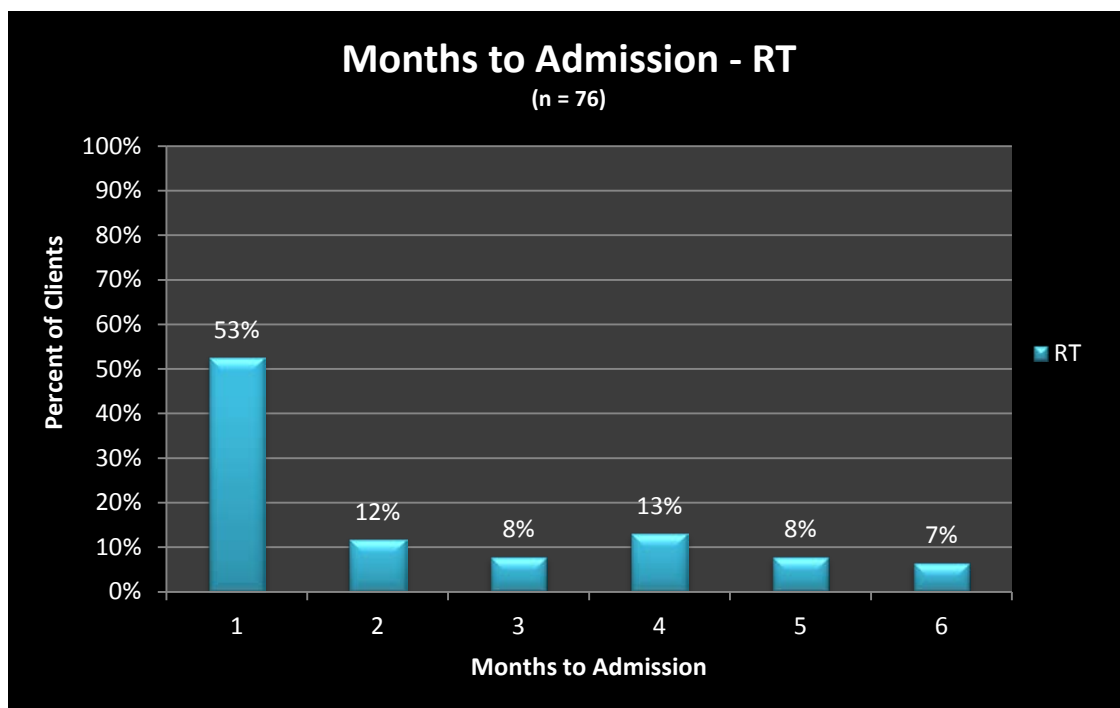
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### Time to Treatment

Screening records show 638 clients in the RT modality. Seventy-six of them (11.9%) went into treatment within six months of their SBIRT screening. More than half (52.6%) of those 76 clients entered treatment within one month of screening; almost three-quarters (72.4%) did so within three months of screening.

Figure 1 shows the months-to-admission breakdowns for the 76 SBIRT RT modality clients with a subsequent treatment admission.

**Figure 1. Clients Referred to Treatment and Months to Admission**



Note: Due to rounding, percentages may not add up to exactly 100%.

<sup>1</sup>Available treatment admission data are from the state's data management system (I-SMART) and therefore include only admissions at Iowa licensed treatment facilities.

<sup>2</sup>The SBIRT modality used in this report is the modality from the Treatment Services section of GPRA, and may differ from the modality based on the screening score.



## Screening and Admitting Agencies

All five implementation sites screened clients who were subsequently admitted to treatment. Table 1 displays information for the 76 RT modality clients admitted to treatment, providing information on the number screened at each site and where those clients entered treatment.

**Table 1. SBIRT Agency Conducting Screening and Number Admitted, by Agency of Treatment Admission – RT Clients**

SBIRT Agency Conducting Screening and Agency of Admission	Number Admitted
<b>Community Health Care (n = 19)</b>	
CADS	18
MECCA	1
<b>Peoples Community Health Clinic (n = 6)</b>	
Pathways Behavioral Services	5
Horizons/Covenant Medical Center	1
<b>Primary Health Care, Inc. (n = 13)</b>	
MECCA Services	5
Powell	2
United Community Services, Inc.	2
Clearview Recovery	1
First Step Mercy Recovery Center	1
Prairie Ridge	1
Substance Abuse Treatment Unit of Central Iowa	1
<b>Siouxland Community Health (n = 35)</b>	
Jackson Recovery Centers, Inc.	30
Transitional Services of Iowa, Inc.	3
Alcohol and Drug Dependency Services of Southeast Iowa	1
Compass Pointe	1
<b>Iowa National Guard (n = 3)<sup>3</sup></b>	
Heartland Family Services	1
Powell	1
Prairie Ridge	1

<sup>3</sup>The Iowa National Guard numbers may not be inclusive of all admissions as they also refer Soldiers to VA treatment and mental health centers within and outside the state, for which data is unavailable.



## Level of Care

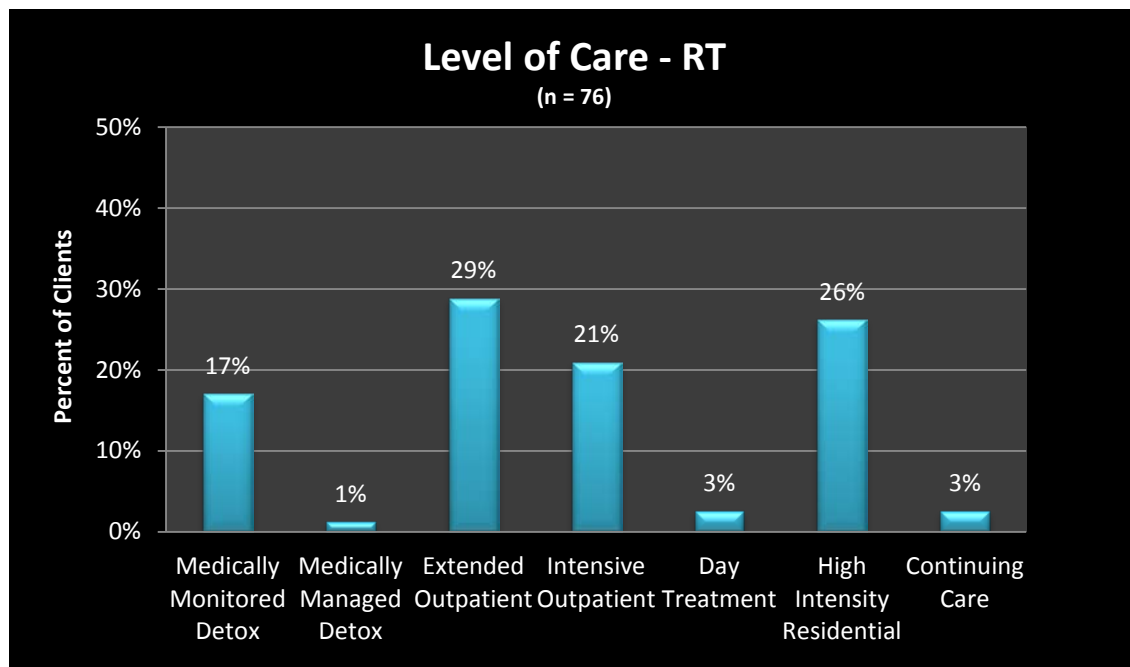
The analysis examined the level of care to which RT clients were admitted. Table 2 displays the numbers of clients receiving the various levels of care.

**Table 2. Level of Care for RT Clients Admitted to Treatment**

Level of Care	Number of Clients
Medically Monitored Detox	13
Medically Managed Detox	1
Extended Outpatient	22
Intensive Outpatient	16
Day Treatment/Partial Hospitalization	2
Clinically Managed High Intensity Residential	20
Continuing Care	2

Figure 2 displays the percentage of RT clients at each level of care. Half (50.0%) were admitted to extended or intensive outpatient treatment. More than one-fourth (26.3%) were admitted to high intensity residential treatment.

**Figure 2. Level of Care for RT Clients Admitted to Treatment**



Note: Due to rounding, percentages may not add up to exactly 100%.

## Access to Recovery Services

This analysis also identified SBIRT IOWA RT modality clients who received services through Access to Recovery (ATR). Twenty-four of the 76 RT clients received ATR services while in treatment.

**Table 3. Access to Recovery Services**

Received ATR Services	Number	Percent
Yes	24	31.6%
No	52	68.4%



## Brief Treatment (BT) Clients

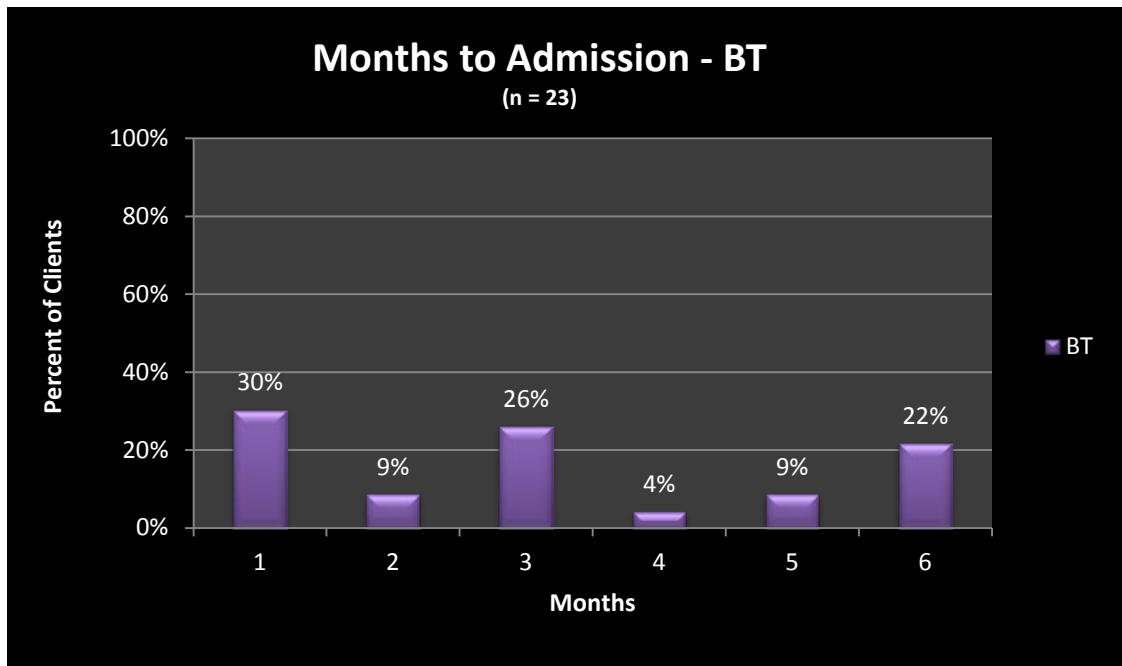
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### Time to Treatment

Screening records show 545 clients in the BT modality. Twenty-three of them (4.2%) went into treatment within six months of their SBIRT screening. Nearly one-third (30.4%) of those 23 entered treatment within one month of SBIRT screening; just under two-thirds (65.2%) entered treatment within three months.

Figure 3 shows the months-to-admission breakdowns for SBIRT clients referred to brief treatment (BT recommended modality) who entered full treatment within six months of SBIRT screening.

**Figure 3. Clients in Brief Treatment Modality and Months to Admission**





## Screening and Admitting Agencies

All five implementation sites screened BT modality clients who later entered treatment. Table 4 displays information for the 23 BT modality clients admitted to treatment, providing information on the number screened at each site and where those clients entered treatment.

**Table 4. SBIRT Agency Conducting Screening and Number Admitted, by Agency of Treatment Admission – BT Clients**

SBIRT Agency Conducting Screening and Agency of Admission	Number Admitted
<b>Community Health Care (n = 3)</b>	
CADS	3
<b>Peoples Community Health Clinic (n = 1)</b>	
Area Substance Abuse Council	1
<b>Primary Health Care, Inc. (n = 9)</b>	
MECCA Services	3
United Community Services, Inc.	2
Action Now, Crossroads MHC	1
First Step Mercy Recovery Center	1
House of Mercy	1
Urban Dreams	1
<b>Siouxland Community Health (n = 8)</b>	
Jackson Recovery Centers, Inc.	8
<b>Iowa National Guard (n = 2)</b>	
House of Mercy	2

## Level of Care

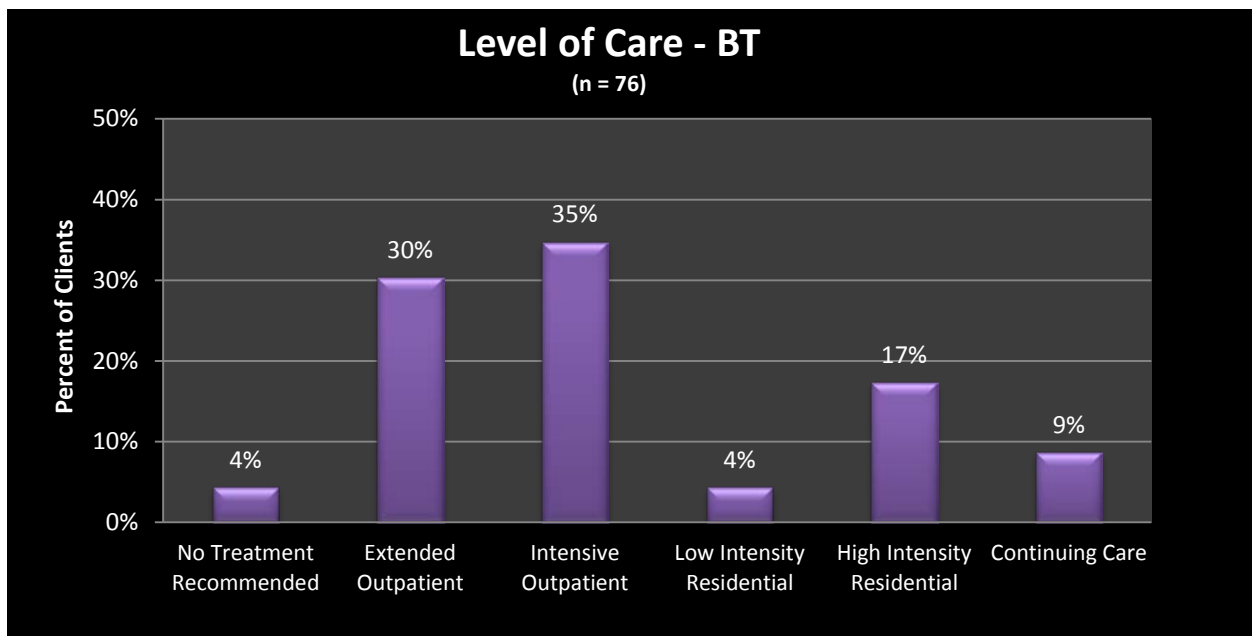
The analysis examined the level of care to which BT clients were admitted. Table 5 displays the numbers of clients receiving the various levels of care.

**Table 5. Level of Care for BT Clients Admitted to Treatment**

Level of Care	Number of Clients
No Treatment Recommended	1
Extended Outpatient	7
Intensive Outpatient	8
Clinically Managed Low Intensity Residential	1
Clinically Managed High Intensity Residential	4
Continuing Care	2

Figure 4 displays the percentage of BT clients at each level of care. Nearly two-thirds (65.2%) were admitted to extended or intensive outpatient treatment.

**Figure 4. Level of Care for BT Clients Admitted to Treatment**



Note: Due to rounding, percentages may not add up to exactly 100%.

## Access to Recovery Services

This analysis also identified SBIRT IOWA BT modality clients who received services through Access to Recovery (ATR). Four of the 23 BT modality clients received ATR services while in treatment.

**Table 6. Access to Recovery Services**

Received ATR Services	Number	Percent
Yes	4	17.4%
No	19	82.6%